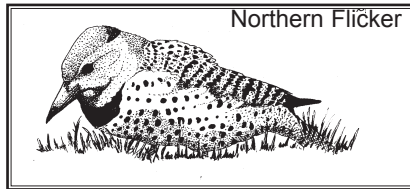


## STOP 7 "Anteaters"

Sixty years ago, you would have been on the shore-line at this location. This is the oldest portion of the Owen Point. It has progressed through the early stages of succession and now contains mature Eastern Cottonwood trees.

Cottonwood trees provide nesting habitat for Presqu'ile's "feathered

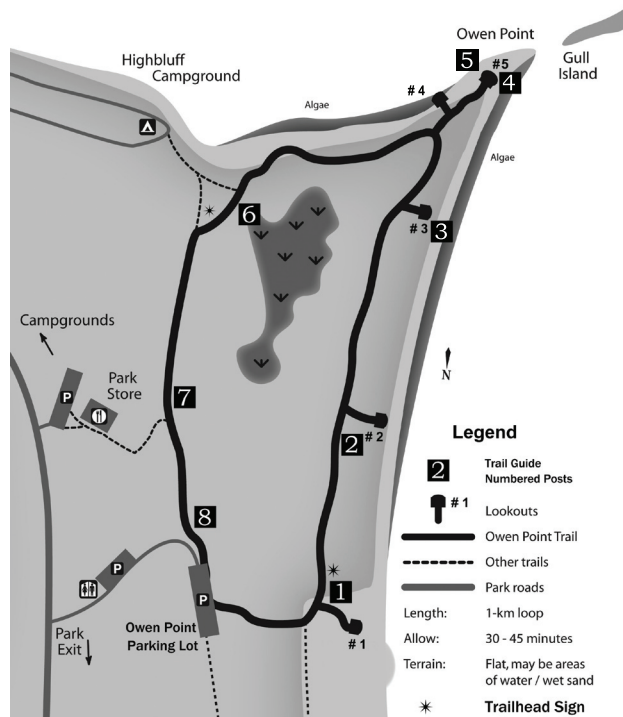
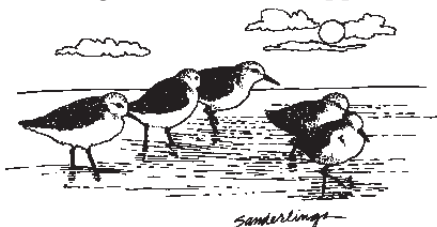
anteater", the Northern Flicker. This bird is a species of woodpecker that prefers eating ants and other insects off the ground rather than foraging about tree bark in search of a meal. Flickers have been recorded eating up to 5000 ants in a single feeding!



## STOP 8 Conclusion

Although the shoreline in the Owen Point Trail area is unsuitable for most traditional summer beach activities, the vegetation found in this area stabilizes the sand and provides a variety of habitats through succession, from willow thickets, to a marsh, to Cottonwood groves. The area is also of major significance in the spring and fall to as many as thirty species of shorebirds, including Red Knots, Dunlin and Whimbrel.

In contrast, if left unmanaged, Presqu'ile's other beaches would be vegetated and resemble the Owen Point Trail. Only through active management does the beach remain appealing for recreational uses such as swimming. In this way Presqu'ile provides both excellent wildlife habitat and great recreational opportunities.



The Owen Point Trail begins at the Owen Point Trail parking lot and meanders through the natural beach area. The trail is approximately 1.5 km long and will take 30 - 40 minutes to complete. It can be seasonally wet in places. Viewing pods provide access for bird-watching along the shoreline. Dogs are not allowed in the lookout areas or in the beach area at any time.

For more information about Presqu'ile or its programs, contact::

Presqu'ile Provincial Park  
328 Presqu'ile Parkway  
Brighton, Ontario, KOK 1H0

Telephone: (613) 475-4324 [www.ontarioparks.com](http://www.ontarioparks.com)  
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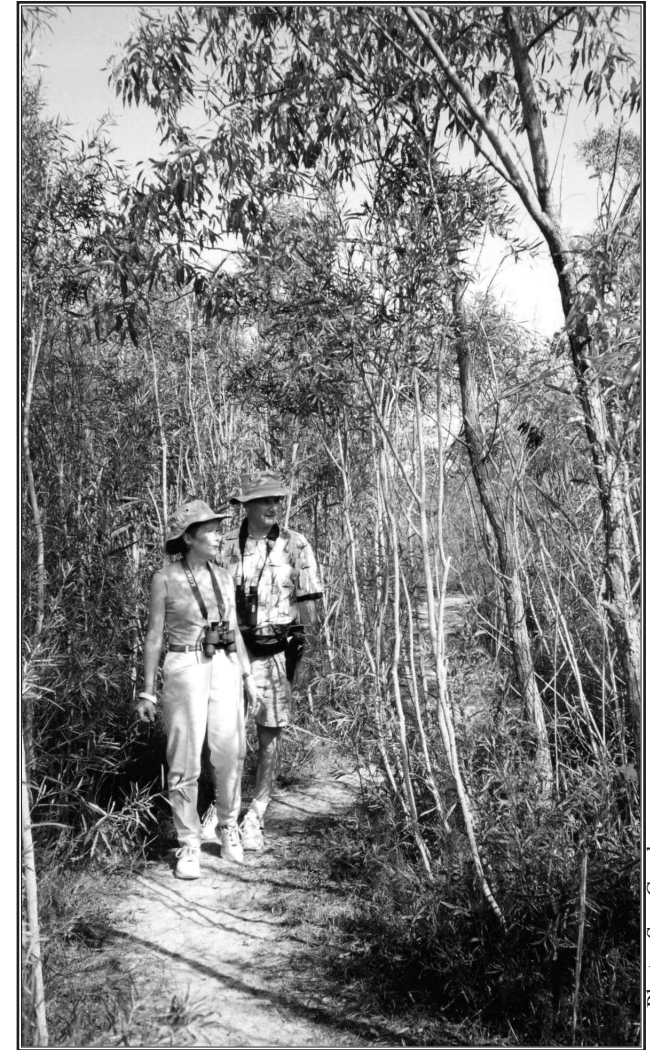


Photo: Sue Careless

## An Interpretive Guide to the Owen Point Trail



# Owen Point Trail

Welcome to the Owen Point Trail. This 1.5 km trail is accessible from the Owen Point Trail parking lot and provides access to the natural beach. The trail provides visitors an opportunity to observe beach succession and a wide variety of bird life, particularly shorebirds during spring and fall migration. Numbered posts along the trail correspond with information in this guide.

To prevent disturbance to bird colonies, Gull and High Bluff Islands are closed to the public between March 10 and September 10 inclusive.

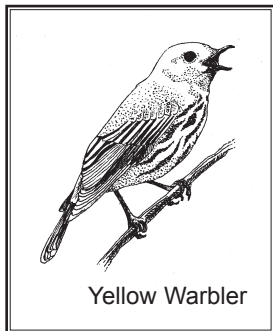
## STOP 1 Worlds Apart

Presqu'île's sand beach is divided into two distinct sections. Beaches 1, 2 and 3 to the north are actively managed. In the summer, they are raked to ensure that the algae and other debris is removed and that the beach does not become vegetated. The vegetated beach to the south was maintained until the early 1990's. At that time, raking was stopped and the beach was allowed to regenerate naturally.

The resulting natural beach is the home of Sandbar Willow, dogwood shrubs, Eastern Cottonwood trees, horsetails and dune plants. This densely vegetated area provides habitat for a variety of bird species.

## STOP 2 Happy Campers

This section of the trail with its thick willow growth is the preferred breeding location of Yellow Warblers. These small birds can be identified by their bright yellow plumage. The males can often be heard defending their territory with their rapid, high-pitched song. As beach succession continues and the willows are replaced by Cottonwood trees, the Yellow Warblers will no longer be attracted to this area. Another plant moving into this area also reduces willow growth and will be seen at the next stop.



## STOP 3 Living on the Edge

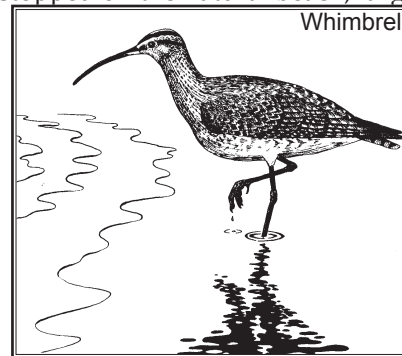


This invasive plant grows so thickly it prevents the native willows and other plants from getting a foothold. This reduces the overall biodiversity and health of this habitat.

## STOP 4 Algae: A Second Look

Since raking was stopped on the natural beach, large accumulations of algae often build up in this area. Although unpleasant to some humans, these algae deposits are important to the survival of many shorebird species.

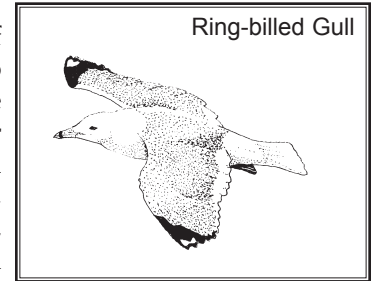
Wriggling through the algae are many aquatic invertebrates, such as midge larvae, also known as bloodworms. Bloodworms are an important food item for migrating shorebirds at Presqu'île. For these birds, Presqu'île is a service station on the intercontinental migration highway between the Arctic and South America. Without the large invertebrate-infested algae mats, many of these shorebird species would be unable to refuel and would possibly die of starvation during their migration.



## STOP 5 The Islands

Located south of the trail are two islands that are the home of over 250,000 colonial waterbirds, including gulls, terns, herons and cormorants.

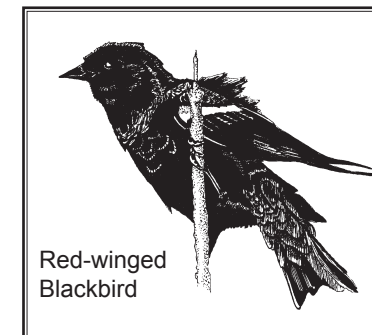
The closest island to Owen Point is known as Gull Island and is appropriately named since it is the location of over 20,000 Ring-billed Gull nests along with a lesser number of Herring Gull, Caspian Tern and Common Tern nests. High Bluff Island is the partially forested island located beyond Gull Island and is the nesting grounds for Double-crested Cormorants, Black-crowned Night-herons, Great Egrets and more gulls. Taken together the two islands are the most diverse waterbird nesting colony on the Great Lakes.



## STOP 6 The Old Channel

The marsh in front of you used to be the channel between the mainland and Gull Island in the 1960s. The growing beach cut it off from the lake but didn't fill it in and a new marsh was born.

Various bird species, including Marsh Wrens, Common Yellowthroats, Virginia Rails and Red-winged Blackbirds nest in the Owen Point marsh.



In addition frog monitoring surveys in spring have indicated that this is an important breeding pool for Wood Frogs, Spring Peepers and Grey Tree Frogs.